



Leatherhead and Dorking Gymnastics Club Newsletter Autumn Edition 2014

Welcome to the 1st edition of our termly newsletter. We have had a very busy summer here at Leatherhead & Dorking Gymnastics Club. In June we welcomed the BBC film crew, celebrities and coaches as they commenced their training schedule having been chosen as one of the main training centers by the BBC and British Gymnastics for BBC Tumble. Our Women's Artistic coach Katherine Would was one of the professional partners.

The Club celebrated the First national title for Team Gym in winning the National Primary title.

In July 39 gymnasts from Women's Artistic, Men's Artistic and Team Gym disciplines and their coaches went to Cesentico Italy for a week long training camp. They all had a fantastic time.

In August the club held its 1st Club Championships with 79 gymnasts participating and fantastic parental support. We have set the date for next year which will be on Sunday 30th August 2015.

The competition programme for September has brought some fantastic results for the gymnasts and coaches and we would like to congratulate all our gymnasts and their coaches for all their hard work and commitment.

We are delighted to confirm the appointment of Head Coach Alberto Cacace.

Margaret & Paul
Joint Directors

Forthcoming Dates for your diary

21st November 7.30pm Club
AGM



Please note that the Christmas Displays will be held on Sunday 14th December at 3.30pm
Wednesday 17th December at 7.30pm and Friday 19th December 7.30pm
All elite gymnasts must attend all 3 dates. This year's theme is "Pantomime" and each group will be given their individual theme.



Team Gym

On 27th September 2014 gymnasts from Leatherhead & Dorking competed at The Bracknell International Team Gym Competition. We entered 4 teams in Mixed Senior L1: Amy Kearton, Danielle Dell, Emma Lacourarie, Harriet Armitage, Jacob Waller, Nick Harris, Dominic Sullivan and Callum Burman. Women's Junior L2: Megan Attwood, Emily Chambers-Rolfe, Freya Pearce, Grace Weston-Jones, Hollie Weston-Jones, Phoebe Brankin-Frisby, Millie Jones, Lara Watson and Chloe Hallsworth. Women's Youth L3: Freya Bass, Beth Edwards, Alexandra Hanlon, India Hill, Nina Navalta, Faith Paterson, Electra Robinson, Ellie Taylor, Isabelle Townshend and Emily O'Dunsi and Women's Youth L4: Iona Cochrane, Felicity Cronin, Holly Goodbourn, Sofia Jeafferson, Lily Moustafa, Jasmine Peel, Joise Pinnock, Charlotte Reynolds Mya Sweeney, Scarlett Winter, Arabella Tuck and Abbie Taylor and all 4 teams won Gold medals.

Charlotte & Kim



Womens Artistic

The girls competed in the South East Gymnastic Championships at Guildford Spectrum on ...and dominated the competition winning 3 Team Gold medals and 9 Individual medals.

The team gold's came in levels 2, 5 and 6 with Ava Nair (Prep 6), Millie Jones (Mod 2) and Mia Hamill (Level 5) also winning individual gold. In the Prep L6 the gold medal team comprised Ava, Hailey Coutts, Wai Kwan Wong and Isobelle Smith. In modified 2 team Phoebe Brankin-Frisby and Chloe Hallsworth completed the gold medal team lineup with Phoebe and Chloe completing the individual podium alongside Millie Jones winning silver and bronze medals. The third gold medal team was achieved by Mia Hamill, Caysie Webb, Jessica Fry and Hannah Coutts. Hannah and Jessica also winning individual silver and bronze medals.

The weekend success was completed with Sophie Scott and Rosa Clark winning bronze medals in their respective categories. Lottie Burgess although just being outside the medal contention will be a member of the South east team who will take part in the British age group Finals to be held at The Spectrum on 1st/2nd November.

Alicia, Katy, Natalie, Katherine, Charlotte, & Sue

Mens Artistic

In August we welcomed Dianne to the boys coaching team. The boys have had a busy competition schedule in September starting with the London Open on 14th September. Alex and Joe competed in L3 'In Age', Sam and Caiden in L1 'In Age' and Chris, Jared and Woody competing in the U8 Age category (L1). The boys had outstanding results with Alex winning L3 overall and Joe placing 6th overall coming 3rd on pommel and high bar. In L1 Sam came = 29th and Caiden 43rd. In the U8 L1 category Woody came 3rd overall and Chris 17th overall and 5th on rings and Jared 19th overall and 4th on vault.



The following Sunday 21st the boys went to Woking for the British Gymnastics South East club grades. In L1 Guest Chris, Jared and Woody dominated the podium winning gold, silver and bronze medals respectively. L1 Sam came 8th Caiden 11th and in L1 Alex came 1st and Joe 8th.

Alex will now compete for the region at the national finals in Birmingham on 7th November.

All the boys have worked extremely hard and we are all very proud of their achievements.

Ryan, Dianne and Liam



Sophie Scott Joins England Team

Congratulations to Sophie who has achieved her first England selection and will be a member of the England Team for the Rushmore "Rose Bowl" International competition on 25th/26th October.

County Groups

Good luck to all the County boys and Girls competing in the South East Floor & Vault competition at K2 on 19th October

POLITE REMINDER

Please observe the double yellow lines and the hatched area where there should be **NO PARKING OR STOPPING** at any time.

We insist that all children are collected from inside the building and that you do not expect them to meet you in the car park. This is for their safety.